



healthy early years

Staff Survey



Personal, Social and Emotional Development	Yes	No	Sometimes	Don't know
Do you feel that children are supported to learn about feelings?				
Are children encouraged to express their views and emotions?				
Are you aware of the setting's ethos/aims and objectives?				
Would you say there is a praise culture in the setting?				
Have you received any training related to Safeguarding children?				
Would you say that you are familiar with SEN measures?				
Would you be able to give parents information on services that can support their children's and families' health and well being?				
Have you received any training related to the health and wellbeing of children?				
Does each child have their own key person?				
Are the views and interests of all the children reflected in your planning?				

Healthy Eating	Yes	No	Sometimes	Don't know
Do you know who the senior member of staff responsible for food in the setting is?				
Have you attended basic food hygiene training?				
Do you have a whole setting food and nutrition policy?				
Is breastfeeding encouraged at the setting?				
Would you say that the setting provides nutritious and healthy food choices?				
Do you feel that the eating environment is comfortable and relaxed for children's meal times?				
Do children have opportunities to take part in healthy food preparation and cooking?				
Do you follow individual feeding patterns and dietary requirements?				
Do you offer guidance and support to parents/carers with regards to healthy options e.g. snacks, lunch boxes?				
Can the children access fresh drinking water daily?				
Physical Development				
Are there opportunities for the children to take part in daily physical activity (indoors or outdoors)?				
Would you feel confident talking to children and parents about the benefits of physical activity?				
Have you, or other members of staff accessed training in this area of learning and development?				

Do you encourage the children to be independent and take appropriate risks?				
Does the setting have written risk assessments in place?				
Does the setting organise events promoting fun physical activity for children and their families to join-in with?				
Would you say that the setting's physical environment encourages children to be physically active?				

Further comments:

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